

# IMPORTANT

## UPDATE REGARDING GLP-1 WEIGHT LOSS DRUGS

### GLP-1 COVERAGE

Effective July 1, 2025, Independence Blue Cross (FutureScripts) **will exclude GLP-1 medications (e.g., Wegovy, Zepbound etc.) for weight loss. If you are taking a GLP-1 for Type 2 diabetes, you will not be impacted.**

Meridian Bank's health plans offer a variety of options to help you reach your health, fitness, and weight loss goals. If you are taking a GLP-1 for weight loss, we hope you will consider the following options:

#### 1. Have your physician prescribe an alternative

Members can use the IBX searchable formulary to find covered alternative weight loss medications. Log in to your IBX Member Portal

- Log in to [www.ibx.com](https://www.ibx.com), select **Member Tools** from the sidebar menu, choose **Drug List Tool**, then browse drugs by Therapeutic Class.

#### 2. Nutritional Counseling\*

- IBX Nutrition Counseling: Members can receive up to **six (6)** free in-person or virtual visits with a nutrition professional, either through an in-network dietitian or via personalized virtual counseling with HUSK Nutrition.
- Employees have access to the HUSK Wellness, which includes HUSK Nutrition—a service offering virtual health and nutrition programs designed to meet individual needs. Employees will work one-on-one with a Registered Dietician who will create a personalized nutrition plan tailored to your goals, health needs, and lifestyle.

» For more information visit,

<https://marketplace.huskwellness.com/nutrition>

\* Subject to medical insurance

#### 3. Coaching, Weight Loss, & Discount Programs

- **HUSK Wellness**
  - » Visit <https://marketplace.huskwellness.com/>
- **ACHIEVE With Independence**
- **Discounts & Reimbursements with IBX**
  - » Simply log in to your member portal at [www.ibx.com](https://www.ibx.com). From the Dashboard side menu, click **Rewards & Incentives**, then select **Achieve Well-being Rewards**

#### 4. Drug Manufacturer Resources

The following resources are available via the GLP-1 drug manufacturers:

- **LilyDirect Independent Telehealth Option for Obesity Care**
  - » Visit [www.lillydirect.lilly.com](https://www.lillydirect.lilly.com). Select **Care** from the top menu bar, from the dropdown, choose **Telehealth**. Under "Get telehealth for:", select **Obesity**
- **Novo Nordisk Wegovy Savings Offer**
  - » Visit [www.novocare.com](https://www.novocare.com), select **Obesity** from the menu bar. Then, choose **Products**

We wish you success in your health and wellbeing journey. If you have any questions, please contact Independence Blue Cross at **800-275-2583**.